



GUEST PREP SHEET

We are so excited to host you as a special guest on The Social Sunshine Podcast.

Here are a few things to know prior to our chat so we can maximize our time together and really leave the audience with somethin' to talk about!

Recording sessions are conducted in casual, interview style based around your topic.



Interviews are typically 30-40 minutes long, but you should allow an entire hour, just in case.



Enhance Your Podcast Appearance!

- + Use a high quality microphone or earbuds in a quiet space for optimal audio.
- + Sit in a well lit area for better quality video.
- + Relax and be yourself. Our audience appreciates authenticity and candid conversation.

Episodes are typically released 3-4 weeks after the recording session. We use both audio and video for our episodes.



Host + Executive Producer, Britney Crosson
Producer + Designer, Megan Colwell
Audio Engineer, Zach Alston

- socialsunshinepodcast.com/listen/
- [@thesocialsunshinepodcast](https://www.instagram.com/thesocialsunshinepodcast)
- socialsunshinepodcast@gmail.com